

Alexander Cole, M.D.

Education

Psychoanalytic Candidate Dallas Psychoanalytic Center (Dallas, TX)	8/2022-Present
General Adult Residency Psychiatry Program UT Southwestern Medical Center at Dallas (Dallas, TX) Chief Resident (2018-2019) Educator Track Graduate	7/2015–6/2019
Doctor of Medicine (M.D.) The University of Chicago (Chicago, IL) Biological Sciences Division, Pritzker School of Medicine Medical Education Track Graduate	8/2011–6/2015
Bachelor of Science, <i>magna cum laude</i> Baylor University (Waco, TX) College of Arts and Sciences Major: Biochemistry Minor: Great Texts of the Western Tradition	8/2007–5/2011

Positions and Appointments

Owner and Psychiatrist Colleyville Psychiatric Associates, PLLC (Plano, TX)	10/2025-Present
Co-Owner and Psychiatrist Prestonwood Health, PLLC (Plano, TX)	1/2024-10/2025
Staff Psychiatrist Included Health, Inc. (San Francisco, CA)	7/2023-Present
Medical Director, Clements University Hospital Inpatient Psychiatric Unit	6/2022-11/2023
Psychiatrist, University Hospitals Interventional Psychiatry Clinic Assistant Professor of Psychiatry UT Southwestern Medical Center at Dallas (Dallas, TX)	8/2019-Present
Inpatient and Interventional Psychiatrist, Clements University Hospital	8/2019-12/2023

Publications

Peer-Reviewed Articles

Hubregsen JJ, **Cole AG**, Bailey KJ, Clark EW, Laney MD, Sadhu MS, Palmer L, and McClintock SM.

“Implementation of an electroconvulsive therapy measurement-based care project: initial findings of the ECT clinical outcome results assessment (ECT-CORA).” *J ECT* 2022; 38(3): e45.

Cole A and Camp ME. “Supporting Our Parent-Trainees: Exploring Curricular and Cultural Challenges That Limit the Utilization of Parental Leave by Residents.” *Acad Psychiatry* 2022; 46: 157-61.

Camp ME, **Cole A**, Sadler JZ. “Addicts and admits: metonymy in medical students’ reflective writing.” *Teach Learn Med* 2020; 32(1): 23-33.

Sokol E, **Cole A**, Rodriguez V. “Benefits of teaching in medical education.” *Acad Pediatr* 2014; 14(4): e5.

Ramos HJ, Davis AM, **Cole A**, Schatzle JD, Forman J, Farrar JD. “Reciprocal responsiveness to interleukin-12 and interferon-alpha specifies human CD8+ effector versus memory T-cell fates.” *Blood* 2009; 113(22): 5516-25.

Kim S-K, **Cole A**, Tang CG, Yoon MY. “Finding a new type of drug candidate using combinatorial library approaches.” *Biochip J* 2016; 1(4): 241-6.

Peer-Reviewed Reviews, Chapters, Monographs, and Editorials

Camp ME, **Cole A**, and Sadler JZ. “Embedded ethics in medical education.” In *Ethics at the Heart of Higher Education*, p. 98-111. Pickwick Publications. 2020.

Camp ME, **Cole A**. “The Capacity to Live Independently.” In *Psychiatric Ethics in Late-Life Patients: Medicolegal and Forensic Aspects at the Interface of Mental Health*, p. 37-51. Springer International Publishing. 2019.

Richman EE, Ku BS, **Cole AG**. “Advocating for underrepresented applicants to psychiatry: Perspectives on recruitment.” *Am J Psychiatry Res J* 2018; 14(2): 2-4.

Cole A. “Is the institutionalization of wellness the answer to trainee burnout?” *Am J Psychiatry Res J* 2018. 13(7): 7-8.

Cole A. “Patient-targeting googling and psychiatry: a brief review and recommendations in practice.” *Am J Psychiatry Res J* 2016; 11(5): 7-9.

Non-Peer-Reviewed Publications

Cole A. “A Day in the Life: A look at the Medical School Clerkship Year – Part II.” *The Student Doctor Network*. Published August 20, 2014. Available at [<http://www.studentdoctor.net>].

Cole A. “A Day in the Life: A look at the Medical School Clerkship Year – Part I.” *The Student Doctor Network*. Published August 18, 2014. Available at [<http://www.studentdoctor.net>].

Cole A. “Reflections on the Medical Admissions Process.” *The Student Doctor Network*. Published June 29, 2011. Available at [<http://www.studentdoctor.net>].

Other Non-Peer-Reviewed Media

Cole A. “Physician leadership, public psychiatry, and resident advocacy for mental health – A discussion with Dr. John Burruss, CEO of Dallas Metrocare Services.” *American Journal of Psychiatry Residents’ Journal Podcast*. November 2018.

Editorial Activities

Academic Psychiatry, *Ad Hoc* Reviewer – 2020-2023

American Journal of Psychiatry Residents’ Journal Editorial Board Member, Associate Editor – 2018–2019

American College of Psychiatrists Psychiatry Residents-in-Trainee Examination Editorial Board – 2017–2019

Presentations

National Presentations

Nuako K, Neely H, Igwe P, **Cole A**, and Baker S. “Sing About Me: Using Hip-Hop Music to Teach Psychiatry.” Association for Academic Psychiatry Annual Meeting. *Scheduled for presentation in September 2022.*

Baker S, Escamilla K, **Cole A**, Stevenson KA, and Russo R. “Beyond the Template: Writing Strong, Unbiased Letters of Recommendation.” Association for Academic Psychiatry Annual Meeting. *Scheduled for presentation in September 2022.*

Glass O, Rosenberg S, **Cole AG**, Bayona E, Abubucker S, Garner JL, Chan C K-L, Lebin L, Edwards ML. “The American Journal of Psychiatry Residents’ Journal: A resident-led, peer-reviewed journal supporting psychiatric trainee scholarship.” American Psychiatry Association Annual Meeting. May 2019.

Camp ME, **Cole A**, Sadler JZ. “Moral Distress in Psychiatry Education.” Association of Academic Psychiatry Annual Meeting. September 2018.

Regional/Local Presentations

Cole A. “Treatment-resistant depression: an evidence-based approach.” Dallas Psychological Association. September 2022.

Cole A. “Strange paths in neuromodulation: the use of electroconvulsive therapy for indications other than primary mood and psychotic disorders.” Terrell State Hospital Grand Rounds.

Cole A. “Interventional Treatments in Psychiatry: A pragmatic and clinically-focused overview.” North Texas Society of Psychiatric Physicians. April 2021.

Cole A. “Hearts and minds: Cardiac conduction, medication-induced arrhythmias, and guidelines for mitigating risk with psychotropic medications.” John Peter Smith Hospital Department of Psychiatry Grand Rounds. May 2019.

Cole A. “Hearts and Minds: A review of psychotropic medications, EKG changes, and cardiac adverse effects.” Terrell State Hospital Grand Rounds. October 2018.

Institutional Presentations

Cole A. “Depression Treatment: A virtual care primer.” Monthly CME Series, Included Health, Inc. October 2024.

Cole A. “Treatment of bipolar depression using electroconvulsive therapy.” Morbidity and Mortality Series, UT Southwestern Medical Center Department of Psychiatry Grand Rounds. February 2022.

Cole A. “Dementia-related agitation: what is it, what causes it, and what do we do about it?” Parkland Consultation-Liaison Case Conference. January 2019.

Cole A. “Hearts and minds: Cardiac conduction, medication-induced arrhythmias, and guidelines for mitigating risk with psychotropic medications.” UT Southwestern Medical Center Department of Psychiatry Grand Rounds. December 2018.

Cole A. “When clozapine fails: clozapine augmentation and alternatives to clozapine in treatment-resistant schizophrenia.” Dallas Veterans Affairs Medical Center Psychopharmacology Conference. September 2016.

Cole A. “A 65-year-old male presenting with altered mental status.” Dallas Veterans Affairs Medical Center Psychiatry Case Conference. May 2016.

Cole A, Vokes T. “Empathy in third year medical students: tracking changes and understanding causes in clinical clerkships.” The University of Chicago Pritzker School of Medicine Senior Scientific Session. May 2015.

Cole A, Sharp W. “The role of autophagy and therapeutic hypothermia during ischemia/reperfusion in cardiac myocytes.” The University of Chicago Summer Research Program Forum. June 2012.

Research Activities

Treating study physician, Confirmatory Efficacy and Safety Trial of Magnetic Seizure Therapy for Depression (CREST-MST), UT Southwestern Medical Center – 2022-2024

Blinded study physician, Confirmatory Efficacy and Safety Trial of Magnetic Seizure Therapy for Depression (CREST-MST), UT Southwestern Medical Center – 2021-2022

Teaching Experiences

Graduate Education Teaching

Psychotherapy Supervisor, UT Southwestern General Adult Psychiatry Residency Program – 2023-2025

Tutor Group Leader, UT Southwestern General Adult Psychiatry Residency Program – 2022-2024

Course Director, Psychopharmacology, UT Southwestern Clinical Psychology Program – 2020-Present

Lecturer, Resident Didactics, UT Southwestern Medical Center Psychiatry Residency Program – 2019-2024

Medical Student Teaching

Course Director, Frontiers of Medicine - Behavioral Health and Neuromedicine Section – 2021-2023

Lecturer, Brain and Behavior, UT Southwestern Medical School – 2021-2023

Lecturer, Psychiatry Clerkship, UT Southwestern Medical School – 2021-2022

Frontiers of Medicine Psychiatry Facilitator – Spring 2019-2020

UT Southwestern Medical School Colleges Psychiatry Facilitator – 2017–2023

UT Southwestern Department of Psychiatry Curriculum Development Elective – 2017–2018

Dallas VA Medical Center Student Teaching Elective – 2017–2018

Pritzker School of Medicine Teaching Assistant – 2014–2015

Other Student Teaching

ExamKrackers, Inc. MCAT Course Instructor – 2012–2013

Baylor University Supplemental Instruction Leader – 2008–2011

Other Teaching Experiences

Museum of Science and Industry Education Consultant (Chicago, IL) – Spring 2015

Academic Service and Leadership

Institutional/Local

Interviewer, UT Southwestern Admissions Committee – 2021-2023

Member, Goals and Objectives Task Force, Residency Education Committee, Adult Psychiatry Residency Program, UT Southwestern Medical Center – 2021-2023

Member, Medical Education Curriculum Committee, UT Southwestern Medical School – 2021-2023

Member, Utilization Review Committee, UT Southwestern Medical Center – 2020-2022

Chair, UT Southwestern Chief Residents' Council – 2018–2019

Chief Resident, Adult Psychiatry Residency Program – 2018–2019

UT Southwestern Graduate Medical Education Committee
Clinical Learning Environment Subcommittee Member – 2017–2018
Graduate Medical Education Committee Member – 2018–2019

UT Southwestern Department of Psychiatry Residency Program Committees
Residency Education Committee Member – 2017–2019
Residency Selection Committee Member – 2018–2019

UT Southwestern Psychiatry Residency Program Self-Study Workgroup – Fall 2018

UT Southwestern Department of Psychiatry Translational Research Workgroup – 2017–2018

University of Chicago Alumni Schools Committee Interviewer – 2015–2017

Pritzker School of Medicine Admissions Committee
Student Interviewer – 2011–2014
Admissions Committee Voting Member – 2014–2015

Additional Professional Activities

Expert Panelist Reviewer, Texas Medical Board – 2021-Present

Honorary and Professional Society Membership

National

American Psychoanalytic Association – 2024-Present

Association for Academic Psychiatry – 2019-2024

American Psychiatric Association – 2013–2024
Council on Healthcare Systems and Financing Determinants of Mental Health Workgroup – 2019
Council on Healthcare Systems and Financing Level of Care Workgroup – 2018–2019
Council on Healthcare Systems and Financing – 2017–2019

Regional/Local

North Texas Society of Psychiatric Physicians – 2020-Present

Texas Medical Association – 2017–Present

Dallas County Medical Society – 2017–Present
Texas Society of Psychiatric Physicians – 2016–Present
 Government Affairs Committee Member – 2016–2019
 Academic Psychiatry Committee Member – 2016–2019
 Resident-Fellow Committee Member – 2016–2019

Zeta of Texas Chapter of Phi Beta Kappa – Inducted 2011

Awards and Honors

National

American Journal of Psychiatry Residents' Journal Editorial Board Member, Associate Editor – 2018–2019

American Psychiatric Association/APA Foundation Leadership Fellow – 2017–2019

American College of Psychiatrists Psychiatry Resident-in-Training Exam (PRITE) Fellow – 2017–2019

Children's Medical Center JumpStart Fellow – 2010

Barry M. Goldwater Scholarship Honorable Mention – 2009

UT Southwestern Medical Center Summer Undergraduate Research Fellowship – 2008, 2009

International Business Machines' Thomas J. Watson Memorial Scholarship Winner – 2007–2011

Institutional

Department of Psychiatry Outstanding Resident Contribution to Medical Student Education – 2017

Certification and Licensure

Medical Licenses:

Texas (#Q9979) – 2016-Present – primary state of licensure
Connecticut (#74920) – 2023-Present
Iowa (#MD-51699) – 2023-Present
Kansas (#04-47894) – 2023-Present
Louisiana (#336396) – 2023-Present
Maine (#MD27221) – 2023-Present
Michigan (#EMC0003462) – 2023-Present
Mississippi (#32261) – 2023-Present
Montana (#MED-PHYS-COM-LIC-127060) – 2023-Present
Nevada (#23794) – 2023-Present
Oklahoma (#41778) – 2023-Present
Tennessee (#68777) – 2023-Present
Vermont (#042.0017026-COMP) – 2023-Present
West Virginia (#32572) – 2023-Present

Diplomate, American Board of Psychiatry and Neurology – 2019-Present

DEA Controlled Substance Registration – 2016-Present

Texas Physician-in-Training Permit (#BP10053834) – 2015-2016